

Lopatcong Township Elementary School

263 Route 57
Phillipsburg, New Jersey 08865
Phone: 908-859-0800
Fax: 908-213-1339



Noelle S. Kondikoff
Principal

Request for Food in School for Birthdays

Dear Families:

All food served in school for birthdays must be pre-approved by **the school nurse** and **the principal**. This is necessary for compliance with federal nutrition mandates and for the safety of students with dietary restrictions. The Student Wellness and Nutrition Policy states food items must meet the following guidelines:

- No more than eight grams of total fat per serving
- No more than two grams of saturated fat per serving
- Sugar cannot be the first ingredient
- Beverages can only be low-fat milk, water, or 100% fruit/vegetable juice

All food items must be store purchased and pre-packaged. See the back of this letter for snack suggestions that meet the guidelines for the nutrition policy. Foods of “minimal nutritional value” will not be allowed in school. This includes soda, water ices, Jell-O, candy-coated popcorn, cotton candy, chewing gum, and candy. Foods containing nuts or manufactured in a facility that uses nuts are not allowed because of life-threatening allergies.

Please submit your request to send in food with your child **in writing** by filling out the attached form. Duplicate forms can be requested from the main office at (908) 859-0800 ext. 3300 or 3400. **Your request must be submitted two weeks prior to the date you wish to send in food.** The ingredient label from the packaging must be attached to your request if you are choosing food that is not on the list of suggestions.

When it is your child’s birthday, you may wish to send in a small treat for your child’s class. It should be a small snack and cannot replace a child’s lunch. Ice cream treats for the whole class will be approved and can be purchased through the school cafeteria by filling out the attached form two weeks prior to the day you would like the treats served. **You must call the cafeteria at 908-859-0800, ext. 3503 to order frozen treats in addition to filling out this form.** Students will receive frozen treats after they finish eating lunch in the cafeteria. If a snack has been pre-approved and sent in by a parent or guardian, the students will either receive the snack at the end of their lunch period or at the end of the school day. The snack will be distributed by the classroom teacher or the lunchroom staff. Thank you for your continued support!

Please contact the school nurse by note or email if you have questions. Thank you for your cooperation.

Sincerely,

Noelle Kondikoff
Principal

Ann Bertsch
School Nurse
bertscha@lopatsd.org

BIRTHDAY SNACK SUGGESTIONS:

Frozen Cafeteria Treats:

- Hershey's "Birthday Cake" Frozen Yogurt (flavored like yellow cake)
- Hershey's Mini Ice Cream Sandwich (vanilla flavor with chocolate wafer)

Grocery Items:

- Pretzel Factory Soft Pretzel Rivets (no toppings allowed)
- Rold Gold Pretzel Rods
- Rold Gold Pretzel Sticks
- Rold Gold Pretzel Twists
- Doritos Nacho Cheese Chips
- Baked Lays Potato Crisps
- Smart Food White Cheddar Popcorn- Go Sack
- Goldfish Cheddar Crackers
- Cheez-its
- Bachman Jax Cheese Curls
- Baked Crunchy Cheetos
- Rice Krispy Treats Original
- Barnum's Animal Crackers- Snak Saks
- Honey Teddy Grahams
- Cinnamon Teddy Grahams
- Reduced Fat Chips Ahoy
- Reduced Fat Oreos
- Lorna Doone Shortbread Cookies
- Honey Scooby-Doo Graham Sticks
- Cinnamon Scooby-Doo Graham Sticks
- Keebler Vanilla Wafers
- Nabisco Vanilla Wafers
- Mott's Applesauce - Snack and Go Original
- Del Monte Cherry Mixed Fruit Cup
- Packaged Apple Slices
- Raisin Boxes

**Lopatcong Elementary School
Request for Food in School**

Please fill out the following information about the food you wish to bring into school.

Attach the ingredient label from the package if you are sending in food that is not listed on the snack suggestions.

Student's Name _____

Teacher _____

Date food will be served _____

Store Purchased Food _____

Reason for Food Coming Into School _____

Check one of the following if you would like to purchase ice cream from the school cafeteria for your child's class: (Please note: Cafeteria frozen treats are not available on Friday.)

Hershey's "Birthday Cake" Frozen Yogurt _____
(Flavored like yellow cake)

Hershey's Mini Ice Cream Sandwich _____
(Vanilla flavor with chocolate wafer)

**Please call the cafeteria at 908-859-0800 ext. 3503 to order ice cream treats and pre-pay in addition to filling out this form.*

Parent/Guardian Signature _____

OFFICE USE ONLY:

Date received _____ Initials _____

Nurse's Signature _____

Principal Signature _____

- _____ Copy to Parent
- _____ Copy to Teacher
- _____ Copy to Cafeteria