



Lopatcong Elementary School

May 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

Student Lunch \$2.75

Reduced Lunch \$0.40

Adult Lunch \$3.50

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Maschio's Swap Outs

Monday: Mozzarella Sticks With Marinara Sauce and Dinner Roll

Tuesday: Assorted Pizza

Wednesday: Pancakes w/ Breakfast Sausage

Thursday: Popcorn Chicken with Dinner Roll

Friday: Cheese Quesadilla with Salsa

Maschio's Swap Outs Available Daily

Muffin Bag with Muffin and Cheese Sticks

Cereal Bag with Cereal, Heartzle Pretzles, and Cheese Sticks

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nuggets with Buttered Noodles Fresh Veggie Dippers Fresh or Chilled Fruit	2 New Item! Wafflelicious Waffles with Warm blueberry Compote Breakfast Sausages Sweet Potato Waffle Fries Fresh or Chilled Fruit	3 Baked Chicken With a Dinner Roll Mashed potatoes Fresh or Chilled Fruit	4 STAR WARS DAY! Grilled Cheese and Ham Solo on a Pretzel Bun Vader Tater Tots Galaxy Swirl Sorbet	5 New Items! CINCO DE MAYO! Pizza Express Pizza Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day
8 China Sweet and Sour Popcorn Chicken over Rice Broccoli Mandarin Oranges	9 Mexico Chicken Twin Tacos with, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa Steamed Rice Steamed Corn Fresh or Chilled Fruit	10 Germany All Beef Frankfurter on a Bun Potato Wedges Applesauce	11 America Hamburger or Cheeseburger on a Bun Sweet Potato Crinkle Fries Home-Style Apple Crisp National BBQ Month	12 Italy Pizza Express Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
15 Chicken Tenders Buttered Noodles Vegetable Medley Fresh or Chilled Fruit	16 Breakfast for Lunch French Toast Breakfast Sausages Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit	17 Lucky Tray Day! Pizza Bagels Smile Fries Fresh Veggie Dippers Fresh or Chilled Fruit	18 Nacho Platter Beef Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	19 Pizza Express Pizza Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
22 Popcorn Chicken Confetti Rice Steamed Carrots Fresh or Chilled Fruit	23 Breakfast for Lunch Waffles Breakfast Sausage Hash Browns Fresh or Chilled Fruit	24 SCOOP-A-BOWL! Chicken Fiesta, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, and Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit	25 Pizza Express Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit	26 School Closed
29 Memorial Day School Closed 	30 Chicken Fries Waffle Sticks Green Beans Fresh or Chilled Fruit	31 Mini Cheese Calzone with Marinara Sauce Tossed Garden Salad Fresh or Chilled Fruit	 Celebrate World Food Week!	

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: 908-859-0800

MENU SUBJECT TO CHANGE



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

 Check us out on Facebook : Maschio's Food Services, Inc.

**Please Make Checks Payable To:
 Lopatcong Board of Education**



"This institution is an equal opportunity provider"